

## Wellness Center Renovation

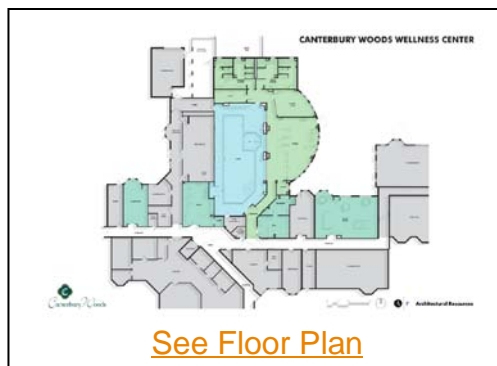
Canterbury Woods, Williamsville is excited to announce a \$2.4 million renovation to our Wellness Center at Canterbury Woods, Williamsville. Construction is estimated to begin late summer this year and to be completed early in 2017.

Our new, state-of-the-art Wellness Center will include:

- Expanded fitness center with the latest in HUR cardio, weight-bearing and free weight equipment
- Expanded locker room space with plenty of seating and new finishes
- New and expanded salon services including manicures and pedicures
- Full service spa where residents can receive massage and skin care
- Classroom space with up-to-date audio/visual technology
- A game room with pool, ping-pong, and poker tables
- Pool renovation with new glass, pebble, and stone finishes
- Multi-functional fitness room for tai chi, yoga, and balance instruction

This level of investment in our Wellness Center is a reflection of the value we place on our residents' long-term health and independence. We believe Canterbury Woods is a place where older adults enjoy an active, vibrant community that supports their own goals for wellness and happiness over time. We celebrate those traits in our community, and continually strive to update, improve, and expand on them in the future.

Rob Wallace  
*President and CEO*



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